

You should obtain a test for COVID-19 at least once during your quarantine. If you have no symptoms, the test should take place on the 10th day of quarantine. You should obtain a test earlier in your quarantine if you experience any of the following symptoms:

Fever (measured temperature above 100.4 degrees Fahrenheit, or you feel feverish)
Chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

Call your local health department or your doctor to schedule testing. You can find contact information for your health department here:

file:///C:/Users/tvilla/AppData/Local/Temp/covid-19_testing_-_direct_patient_lines.pdf

Please note that even if your test results are negative, you still must remain in quarantine for the entire 14 days. If you develop symptoms of COVID-19 at any point during your quarantine period, please also follow the guidance below for isolation.

If you seek a test on day 10 of your quarantine, ideally your results should be available by day 14. It is recommended that you do not return to work until a negative result is returned. If your results are still pending after your 14-day quarantine is complete, and you decide to return to work, we recommend that you take extra care with prevention measures to avoid exposure to others in the event that your test result comes back as positive.

If you receive a positive COVID-19 test regardless of your symptom status, follow Georgia Department of Public Health isolation guidelines: <https://dph.georgia.gov/isolation-contact>

Symptomatic persons who are not healthcare personnel with confirmed COVID-19 or suspected COVID-19 can return to work after:

At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications, AND improvement in respiratory symptoms (e.g., cough, shortness of breath); AND, At least 10 days have passed since symptoms first appeared.

Asymptomatic persons who are not healthcare personnel with confirmed COVID-19 can return to work after:

At least 10 days have passed since the positive laboratory test and the person remains asymptomatic.

Note, asymptomatic persons who test positive and later develop symptoms should follow the guidance for symptomatic persons above.

Asymptomatic persons who are not healthcare personnel, and who do not work in critical infrastructure who have a known exposure to a person with COVID-19 without appropriate PPE can return to work after they have completed all requirements in the DPH guidance for persons exposed to COVID-19 found at: <https://dph.georgia.gov/contact>

Of note, if this person is tested for COVID-19 during the 14 day quarantine period, a negative test result would not change or decrease the time a person is monitored.

Some helpful resources for exposure and testing:

- <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>